

Welcome to the future of migraine care

sTMS mini™ neuromodulation technology

Take your life back - enjoy pain free, clear blue days

- Stop migraine attacks
- Prevent headache days
- NO medication side effects



Quick Start Patient Guide

FDA Cleared for the acute and preventive treatment of migraine in adults and children (12 and older)

Indicated for the prevention and acute treatment of migraine.

sTMS mini by eNeura



I am just ecstatic about my results. This technology is truly life-changing for me...The Customer Care and Nursing Support have been outstanding and made getting started so easy.



—53-year-old female



sTMS mini neuromodulation technology + your personal support team



Clinical Education Specialists (Registered Nurses)

- Provide guidance on using sTMS mini
- Help you use your sTMS mini Online Migraine Diary
- Support you in monitoring your progress
- Assist you in communicating with your prescriber



Customer Care

Available to help you with any questions about:

- Caring for your sTMS mini
- Prescription renewals and deliveries
- Traveling with your sTMS mini

What's in the box?

This package contains everything you need to get started with your sTMS mini—a safe, clinically proven migraine treatment.



Your sTMS mini

Battery-powered, rechargeable device

sTMS mini Patient Quick Guide

For the complete guide to the sTMS mini, please visit our website at eneura.com or eneura.co.uk



Battery charger

(AC adapter)

For recharging your sTMS mini battery

We recommend you charge your device daily.



Carrying bag

For carrying your sTMS mini with you everywhere you want to go.



Get to know your sTMS mini™

The buttons and displays on the device are easy to understand.



Read *Understanding System Display Messages* in the "Instructions for Use" on our website at eneura.co.uk or eneura.com, for more information about the displays and buttons on your sTMS mini.

Symbol Key



Prescription status indicator

Located on the far left of the top panel. Confirms that a valid prescription is active. Shows the status of the prescription programmed on the device. Please see page 12 of this patient guide for details.



Contact eNeura® customer care

Action required. Call eNeura customer care for assistance:

US: 1-833-499-9300 option 1

UK: +44 020 3014 8939, option 1



Temperature warning

The temperature of the device is not in the range for safe use. The temperature range for use is between 16° C (60° F) and 40° C (104° F).



Power button

Located in the center of the top panel. Press the Power button to turn the device on and off. When the Power button shines white, the device is on and ready.



Treatment progress indicator

LED lights around the Power button show status as the device prepares for treatment. When the oval around the Power button is fully illuminated, the device is ready to use.



Lock indicator

Located directly to the right of the Power button. Indicator is visible when device is turned on *and* the security lock switch is enabled. The security lock switch is located on the back of the device.



AC adapter

Located to the right of the Power button. Indicator lights up when the AC adapter (battery charger) is connected to the sTMS mini.



Battery capacity

Located to the far right of the Power button. Indicates how much power is left in the battery and whether or not there is enough to allow for treatment. All 4 bars will illuminate when the device is fully charged. As the power level lessens, the number of illuminated bars will decrease.



Treatment buttons

Located on the right and left edges of the top panel. Press one or both buttons to deliver a treatment.



For the first
time in years, I
have headache-
free days.



—48-year-old female



Lock ON/OFF switch

Located behind the accessory port door, on the left. Slide the switch to the left or right to unlock or lock the device.



Battery charger port

Located behind the accessory port door, in the center. Recharge the batteries by plugging the AC battery charger into this port. **We recommend you charge your STMS mini™ nightly, like you charge your cell phone.**



Volume ON/OFF switch

Located behind the accessory port door, on the right. Slide left or right to turn the sound on or off.



Micro SIM Rx card port

Located on the back of the STMS mini at the bottom of the accessory door. Insert the micro SIM Rx card into this port.



STMS mini – back of device view

 Your device will ship in "Lock On" mode.
Slide the switch to the left to unlock the device.

How to use your sTMS mini™

You and your healthcare provider can develop a treatment plan that works for you. Your prescription includes plenty of pulses for daily preventive treatment and for treating migraine attacks - treat as early and as often as needed.

Sample Treatment Plan:

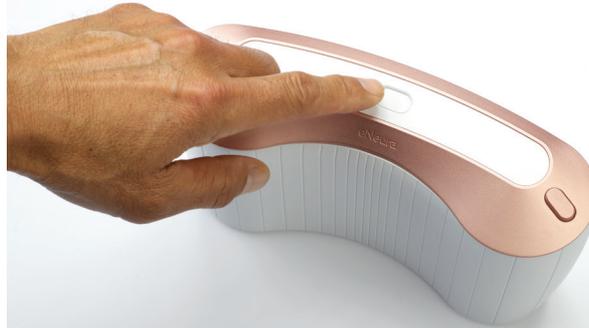
Daily preventive treatment: 4 pulses twice daily

Acute Treatment: 3 pulses at the first sign of the migraine attack - the earlier, the better. If needed, treat again every 15-30 minutes until migraine attack subsides.

Delivering a treatment is easy and takes less than a minute.

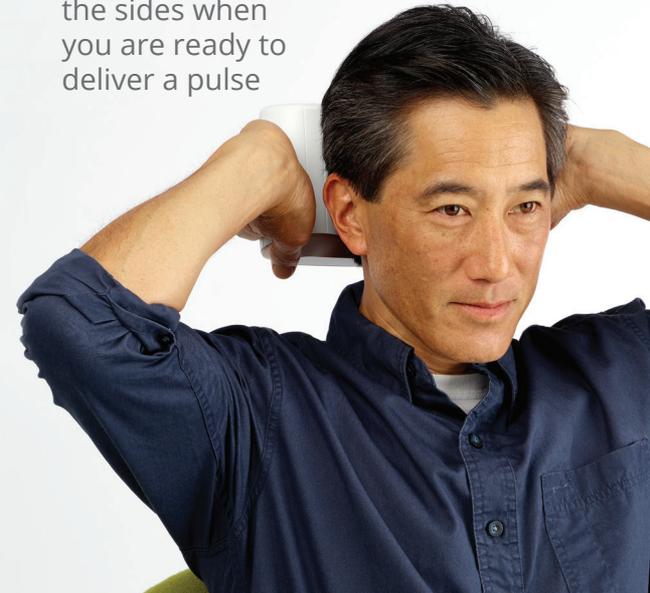
① POWER

- Press the center button to turn on your device
- When the oval racetrack around the power button is fully illuminated, the device is ready to position and treat.



② POSITION

- Place your thumbs below the side button at the same angle
- Lift the sTMS mini over your head so it cradles the back of your skull
- Slide your thumbs over the treatment buttons on the sides when you are ready to deliver a pulse



③ PULSE

- Press one or both treatment buttons to deliver a safe and therapeutic pulse
- Once you have pressed the button, the treatment is instantaneous and you may remove the device from the back of your head

🔄 Repeat as prescribed.



Personalized treatment for migraine attacks puts you in control - treat as early and often as needed.



Watch a demonstration video at eNeura.com or eneura.co.uk

How to renew your prescription



Fifteen days before your prescription expires, the prescription status indicator on your device will display an **orange warning light**.

Rx If the indicator glows orange, your prescription will be expiring in less than 15 days.

Rx^o If the indicator displays with a zero next to it, the prescription has expired and the device has been disabled.

When you see this orange warning light:

- Contact Customer Care to renew your prescription

Email: customer care@eneura.com

US Phone: +1 833-499-9300, option 1

UK Phone: +44 (0) 20 3356 4889, option 1

Once you pay the renewal invoice, your new SIM card will be shipped to you via UPS (US) or Swift Courier (UK).

If your SIM is funded by the NHS, your new SIM card will ship upon receipt of an approved prescription from your Consultant Neurologist.



Micro SIM Rx Card

Your sTMS mini™ prescription is controlled by a Micro SIM Rx Card, shown above.

The Micro SIM Rx Card for your first prescription has been pre-installed in your device—so you can get started right away.

When the Micro SIM Rx Card is close to expiration, you will need to renew your prescription.



sTMS mini prescription card

To begin your journey to migraine relief

complete the form on the back of this guide. Your Clinical Education Specialist is available to assist you.



Safe usage and contraindications

Your doctor prescribed this device for your use only.

The sTMS mini™ generates a powerful single-pulse magnetic field as part of delivering therapy.

Treatment is very well tolerated. A small number of patients reported mild light headedness and tingling during treatment.

CONTRAINDICATIONS: This device should not be used in patients who have metals, conductive materials, or metal-containing implants in their head, neck, or upper body.

Dental implants, fillings, or other dental appliances are safe and are not affected by the device.

See the Instructions for Use on our website for a complete list of contraindications and warnings: eneura.co.uk or eneura.com

Keep out of reach of children.

INDICATIONS:

The sTMS mini is indicated for the acute and preventive treatment of migraine. (UK)

The sTMS mini is indicated for the acute and preventive treatment of migraine headache in adults and children ages 12 or older. (USA)

Customer Care

UK

Phone:+44 (0) 20 3356 4889, option 1

Fax: +44 (0) 20 7785 8152

Email: customercare@eneura.co.uk

USA

Phone: +1 833-499-9300, option 1

Fax: +1 877-264-1818

Email: customercare@eneura.com

Hours of operation:

8:00 AM to 5:00 PM PST

Monday – Friday

In case of a medical emergency, please call 911 or contact your doctor.



More clarity, less
"fuzzy" days,
fewer headache
days per month.



—54-year-old female

Clinical Education Specialist name: _____

Phone number: _____

Best way to contact: _____ Best time to contact: _____

Headache history

of headache days per month: _____

Baseline # of headache days per month

On average how many days per month do you have: (the total days should be 30)

No pain _____

Mild headache - Normal Function _____

Moderate Pain - Reduced Function _____

Severe Pain - No Function _____

Medications

Preventive: _____

Acute: _____

sTMS prescription

Preventive: _____

Acute: _____

Describe what success with your sTMS mini looks like to you

(for example: attending sporting events or concerts, not missing work or school, etc.)

Next Clinical Education Specialist appointment:

Date: _____

Time: _____

Renew your prescription before it expires

Prescription expiration date: _____



If your Prescription Status Indicator on your sTMS mini turns orange, your prescription expires in less than 15 days. Please contact Customer Care to order a new prescription card.